



CLUB LIFE

Empower, Engage, Sustain

Back2Hockey – try it or get back into it!

Back2Hockey

Back2Hockey is an 8 week programme aimed at reintroducing, or introducing hockey for the first time. As a club you have the chance to gain new members by running a Back2Hockey scheme. Many players who join Back2Hockey then build the confidence to join regular sessions.

What's the aim of Back2Hockey?

Back2Hockey has 3 key aims, (1) Provide fun exercise; (2) Sociable environment; (3) Introduce, or remind people how accessible hockey is for everyone.

Who can deliver a Back2Hockey session?

Anyone who has an interest in hockey can deliver it. For the safety of the players, a UKCC Level 1 coach needs to be leading the sessions, but any volunteers can assist you.

How do I publicise our Back2Hockey sessions?

Social media is the most effective form of publicising events. Twitter, Facebook and websites are among those used most frequently. As Hockey Wales, we will promote your sessions, providing we are given accurate information regarding your sessions. In terms of local promotion it is suggested that posters and flyers are put up in common areas (such as doctor's surgeries, bus stops, shops).

What happens at the end of the 8 week programme?

This is where you need to be proactive in providing the next stage for players to move into. By offering general training sessions takes the focus off competition and potentially talented players. If you do not have the capacity to hold basic training for beginners, ensure your standard sessions are split effectively, allowing all players to feel comfortable, yet challenged.

How do I get my club signed up?

Contact Hockey Wales on 02920334988 or email katy.evans@hockeywales.org.uk to find out the different options of packages. You can either choose the basic package, or add on several items! Ensure you check out the "Applying for Community Chest" resource, as this can be a funded project by Sport Wales.



For more information, visit:

www.hockeywales.org.uk/play/club-life

