

## Coaching Assistant

### Roles & Responsibilities

<b>Role:</b>	To assist the head coach in the delivery of high quality hockey coaching
<b>Approximate time commitment:</b>	1-2 nights per week and some weekends
<b>Useful skills and experience:</b>	<ul style="list-style-type: none"> <li>▪ Basic understanding of the game</li> <li>▪ Organisational &amp; planning skills</li> <li>▪ Approachable</li> <li>▪ Enthusiastic</li> <li>▪ Focussed</li> <li>▪ Reliable</li> <li>▪ Good communicator</li> <li>▪ Assertive</li> <li>▪ Confident</li> <li>▪ Motivating</li> <li>▪ Hold the relevant UKCC qualification</li> </ul>
<b>Support / Training</b>	Support through the club
<b>Tasks:</b>	<ul style="list-style-type: none"> <li>▪ Assist the delivery of coaching</li> <li>▪ Help set up drills and activities</li> <li>▪ Lead on element of the training sessions, ie Warm up, skill related practices</li> </ul>

### Benefits of Volunteering

- To learn new and develop existing skills through hands on experience
- Personal & professional development and/or training
- The ability to explore different sorts of career or job opportunities in a voluntary capacity
- A chance to get out, have fun and meet some new people – enjoying the social life that hockey clubs generate
- Experiencing new challenges
- Supporting your local community – putting something back into your community, personal satisfaction knowing you have helped others