

CLUB LIFE

Empower, Engage, Sustain

How to be an Inclusive Club

What does it mean to be an inclusive club?

Being an inclusive club means that you are willing, have the capacity and encourage children and adults from all backgrounds and abilities to join your Hockey Club. You do not necessarily need to have specific training to be an inclusive club but there are a lot of resources available to ensure that you offer all members of the community a positive experience. In order to be a truly inclusive club there needs to be a commitment from all members of the club right from committee members through to parents to ensure all new comers are welcome at the club.

Women and Girls

Women and girls make up roughly 50% of the population in wales however research tells us that females are less likely to take part in sport and physical activity. We are lucky with Hockey that it is predominantly women who take part in our sport. Although this is very positive we want to ensure we understand what motivates females to take part in sport and hockey and ensure that the number of females grows and that Hockey is an attractive and modern offer for Women. Through schemes such as Back2Hockey clubs can develop tailor made programmes and sessions to specifically designed to target female groups where they feel comfortable in a welcoming and non-threatening environment. For more information on Hockey Product please see the CLUB LIFE RESOURCES – HOCKEY PRODUCTS to help your club establish back to Hockey and other initiatives.

Men and Boys

Although not an obvious group to target, Hockey in Wales, as mentioned above is dominated by females (65:35 in favour of females). Many of the clubs exist only have womens sections or girls and ladies sections, if your club is keen to expand and wants to offer opportunities to all the community why not look at developing new boys or mens sections – some of the other club life resources will help you with this.



For more information, visit:

www.hockeywales.org.uk/play/club-life



Children and Adults Living in Poverty

Research tells us that children and adults living in areas of disadvantage and poverty are less likely to get involved with sport and physical activity and subsequently have lower levels of health. Why not try and buck that trend and target some areas within your community where children and adults may not have had the opportunity to play Hockey before.

Black, Minority and Ethnic Groups (BME)

The BME community is made up of a wide variety of faiths and religions all of which experience different barriers to participation. BME communities are usually prominent in larger cities and towns and usually have a range of organisations that support them. For more information on how to attract these different community groups and advice on how to encourage them to take part in Hockey why not approach local BME organisations or use some of the contacts below to help you.

Lesbian, Gay, Bi-sexual, Transgender (LGBT)

Some LGB people reported positive experiences in team sports and club sports. The likelihood of having this positive experience, however, depended on factors such as the gender of the participant, the culture within the sport and the person's prior socialisation into sport. Read the research by following the link to see what you can do as a club to ensure you are providing a positive experience for gay, lesbian and bi-sexual members of your community.

Disabled People

When people think of disabled people they usually think about wheelchair users. However, there are a range of mental and other physical disabilities which members of your local community may have – this does not mean they won't be able to play Hockey, it just means that you may have to offer it in an adapted format. Each local authority in Wales has a dedicated sports development officer to drive and facilitate sport for disabled people so these guys are a great first point of contact – their details can be found on the Federation of Disability Sport website.



For more information, visit:

www.hockeywales.org.uk/play/club-life



Who can help you on Twitter?

LGBT Network

BME Sport Cymru Network

StreetGames

Federation of Disability Sport Wales

What Moves You

Hockey Wales

Community First

@LGBTsportcymru

@BMEsportcymru

@streetgamewales

@dsw_news

@whatmovesyou_

@hockeywales

@Communities1st

LGBT

BME

Child Poverty

Disability

Women & Girls

General

Child Poverty

All these organisations and groups will definitely help you promote any opportunities for specific groups you have in your community. They will also be able to signpost you to more specific, local groups or development officers who may even be able to help you further.

Some useful websites that will be able to help you become more inclusive

Street Games

<http://www.streetgames.org/www/index.php>

Disability Sport Wales

<http://www.disabilitysportwales.com/>

Sport Wales Publications and Research

<http://www.sportwales.org.uk/research--policy/tools-and-resources/publications.aspx>

Communities First

<http://wales.gov.uk/topics/people-and-communities/regeneration/communitiesfirst/?lang=en>

Equality Standard for Sport

<http://www.equalityinsport.org/>



For more information, visit:

www.hockeywales.org.uk/play/club-life

