

CLUB LIFE

Empower, Engage, Sustain

Roles and Responsibilities Coaching Assistant

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| Role: | To assist the head coach in the delivery of high quality hockey coaching |
| Approximate time commitment: | 1-2 nights per week and some weekends |
| Useful skills and experience: | <ul style="list-style-type: none">▪ Basic understanding of the game▪ Organisational & planning skills▪ Approachable▪ Enthusiastic▪ Focussed▪ Reliable▪ Good communicator▪ Assertive▪ Confident▪ Motivating▪ Hold the relevant UKCC qualification |
| Support / Training | Support through the club |
| Tasks: | <ul style="list-style-type: none">▪ Assist the delivery of coaching▪ Help set up drills and activities▪ Lead on element of the training sessions, ie Warm up, skill related practices |



For more information, visit:

www.hockeywales.org.uk/play/club-life



Benefits of Volunteering

- To learn new and develop existing skills through hands on experience
- Personal & professional development and/or training
- The ability to explore different sorts of career or job opportunities in a voluntary capacity
- A chance to get out, have fun and meet some new people – enjoying the social life that hockey clubs generate
- Experiencing new challenges
- Supporting your local community – putting something back into your community, personal satisfaction knowing you have helped others



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